



Mobile Blue Button App

User Manual



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User Manual

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Overview

The Mobile Blue Button mobile application (App) helps Veterans better manage their health care needs and communicate with their health care teams. By using the Mobile Blue Button App, you can access, print, download and store information from your Department of Veterans Affairs (VA) Electronic Health Record (EHR). With your health care information in the palm of your hand, you can conveniently monitor your health, share data with your family or Caregivers and coordinate with your health care teams – whether or not they are VA providers.

The Mobile Blue Button App accesses the same information you would find if you were to click on the Blue Button on the My HealtheVet website (if you have a My HealtheVet Premium Account).^{*} But the Mobile Blue Button App is designed for a mobile device so it's the easiest way to access your EHR when you're on the go.

This App is available for iOS, Android and Windows operating systems and is supported by these Internet browsers:

1. Internet Explorer 10 and higher
2. Safari 7 and higher
3. Firefox 24 and higher
4. Google Chrome 30 and higher

The following User Manual provides an in-depth, step-by-step guide for using the Mobile Blue Button App.

^{*} **NOTE:** Data updates with the Mobile Blue Button App may have a slight delay (about a day), so the information may have some differences or contain less detail than the EHR you view via the Blue Button on My HealtheVet.

The Basics

Prerequisites

To use the Mobile Blue Button App, you must:

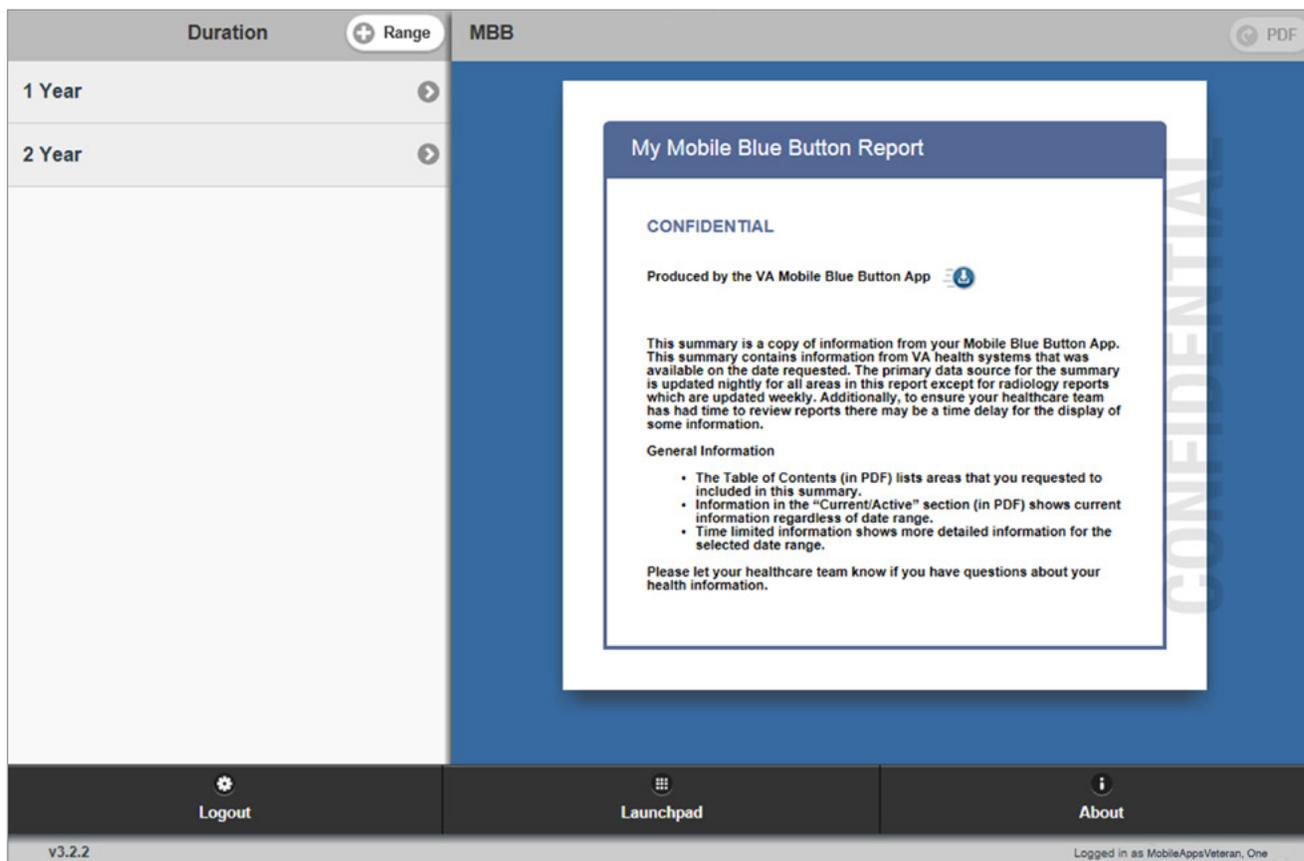
1. Be enrolled in VA health care.
 2. Have a DS Logon Level 2 (Premium) Account – The Mobile Blue Button App can access your VA EHR and therefore, for your security, requires a DS Logon Level 2 (Premium) Account.
- If you do not have a DS Logon Level 2 (Premium) Account, or you are not sure, visit mobilehealth.va.gov/dslogon for more information.

NOTE: Even if you are a My HealtheVet user, you will still need to register for a DS Logon Level 2 (Premium) Account in order to access the Mobile Blue Button App.

Logging in

Access the Mobile Blue Button App > Enter your DS Logon Level 2 (Premium) Account credentials on the first screen > Tap **Logon** > You will see a license agreement screen > Read the End User License Agreement (“EULA”) and Notice of Privacy Practices (“Notice”) > Tap **Accept** to use the Mobile Blue Button App.

NOTE: You can access the Mobile Blue Button App either directly or through the VA Launchpad. The VA Launchpad contains links to all VA Apps that access information from your VA EHR. By signing in to the VA Launchpad once with your DS Logon Level 2 (Premium) Account, you can access multiple Apps without signing into each App separately. If you are accessing the Mobile Blue Button App through the VA Launchpad and have already signed in to another App, you will not need to re-enter your credentials.



Getting to know the screen

Your screen is divided into two windows. The left side of the screen is the Duration window, which shows you the date range and outlines the sections of information covered in your report. The right side of the screen is the MBB window, which shows you the report the Mobile Blue Button App allows you to access.

Accessing the VA Launchpad

Through the VA Launchpad, you can access other Apps without re-entering your DS Logon Level 2 (Premium) Account credentials. No matter what information you are currently viewing, you can always go to the VA Launchpad. Tap the **Launchpad** button at the bottom of the screen > You will be taken to the VA Launchpad Menu screen.

Logging out

Tap the **Logout** button at the bottom of the screen.

Differences from My HealtheVet

Even though the Mobile Blue Button App provides access to the EHR, unlike My HealtheVet you will not be able to add information to your EHR via the App. To self-enter updates or add information – such as your contact information or allergies – you must make the changes on the My HealtheVet website. To make changes on the My HealtheVet website, you must have a My HealtheVet account. The information you enter or change on the My HealtheVet website will be reflected when you look at your EHR with the Mobile Blue Button App within a day or so. Because the App is designed for a mobile device, it is the easiest way to access your EHR when you're away from your computer.

Choosing the Time Frame You Wish to View

When you want to review your EHR, you don't have to start from the first day you became a VA patient. The Mobile Blue Button App allows you to choose a time frame so that you can narrow down the information you want to see.

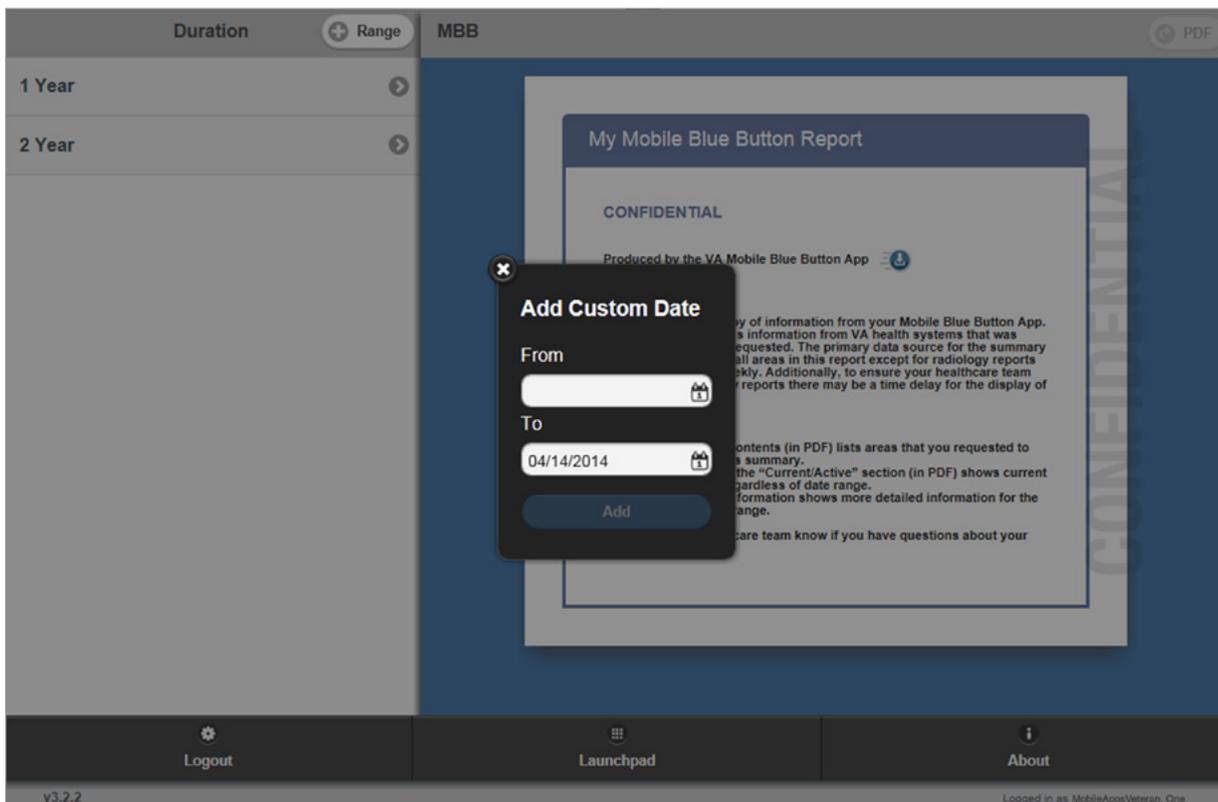
Choosing a date range

When you first log in to the Mobile Blue Button App, the left side of the screen defaults to Duration. Beneath the heading, you have two options: 1 Year or 2 Year. Tap on your choice to select the time frame > The heading will change to Sections. To return to the time frame options, tap the **Duration** button with the < icon next to the Sections heading.

Customizing a date range

If you would like to choose your own time frame, go to the Duration window and tap the **Range** button with the + icon.

- An Add Custom Date pop-up window will appear.
- Tap the bar under From > A pop-up calendar window will appear > Tap the month name button, and choose the month from a drop-down list that appears > Tap the year button, and choose a year from a drop-down list that appears > Tap on the date on the calendar you wish to start from > The calendar window will close > The date selected will appear in the bar under From.
- Tap the bar under To > A pop-up calendar window will appear > Tap the month name button, and choose the month from a drop-down list that appears > Tap the year button, and choose a year from a drop-down list that appears > Tap on the date on the calendar you wish to end from > The calendar window will close > The date selected will appear in the bar under To.
- Tap the **Add** button to save > The pop-up window will disappear > The new date range will appear as a new option in the Duration window (left side of screen).



Selecting and Deselecting the Information You Wish to View

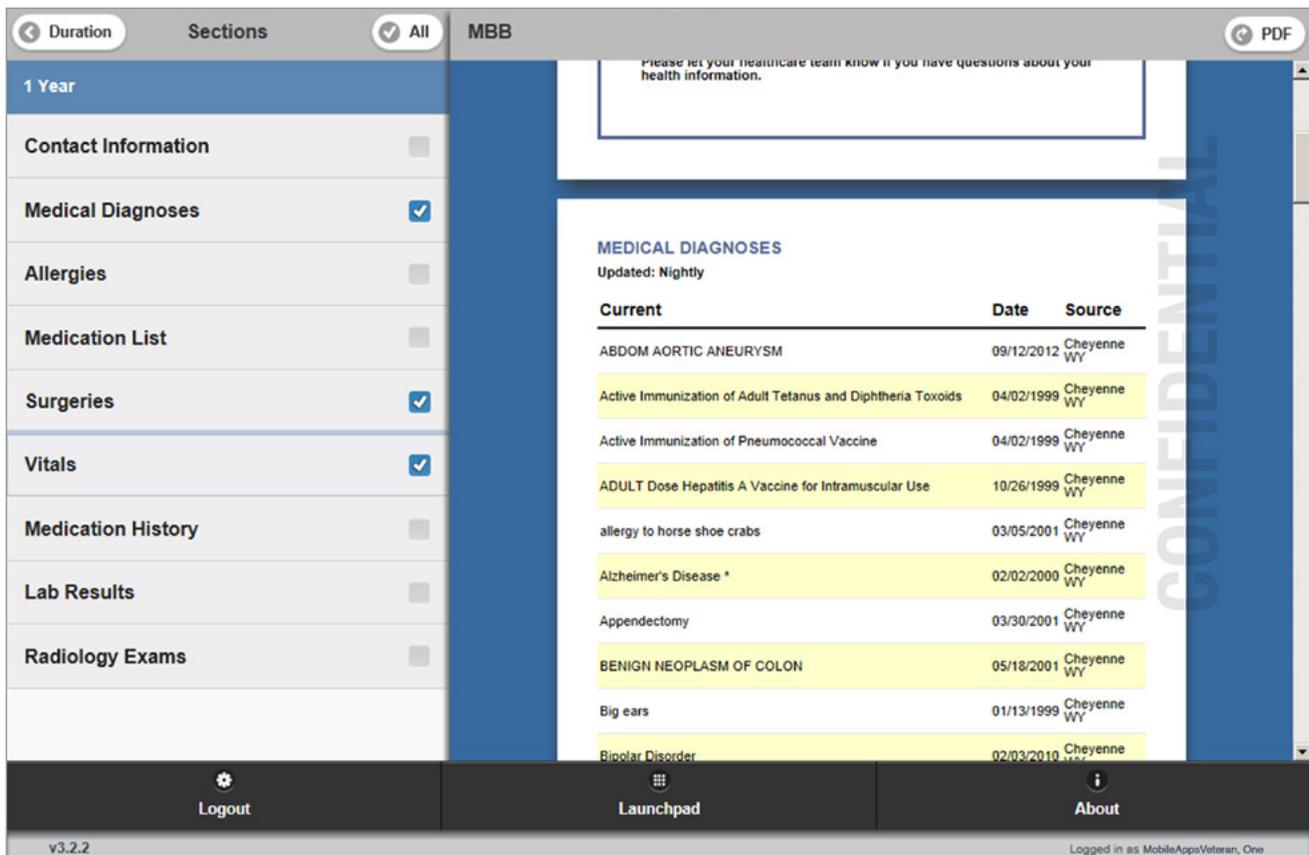
Your EHR holds a lot of information, but you do not have to view it all at once. You can select which categories of information you would like to see.

Selecting specific sections of information to view

Tap the duration you wish to view > The heading will change to Sections and a list of the categories of information will appear beneath the selected time frame. The sections are:

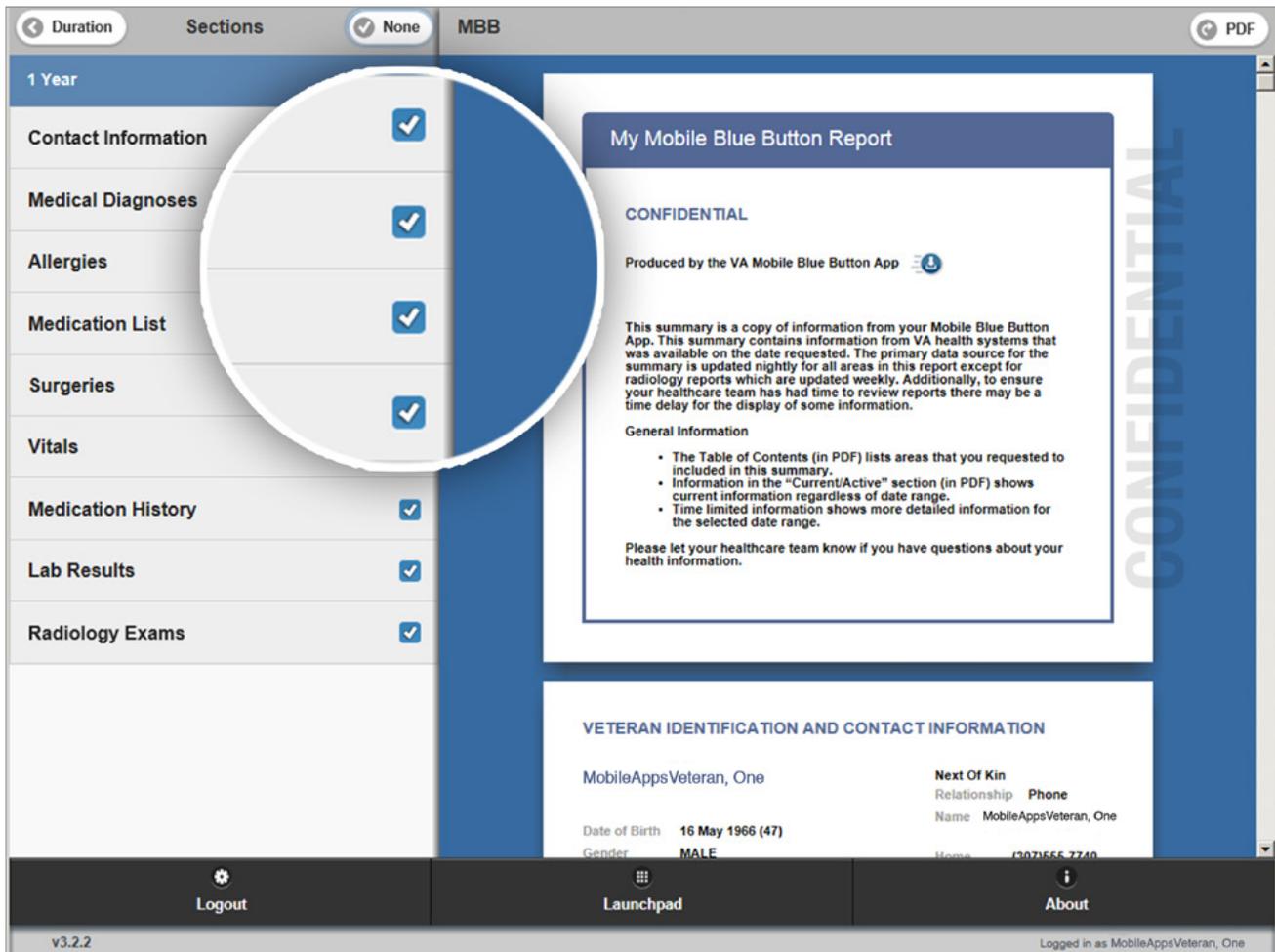
- Contact Information
- Medical Diagnoses
- Allergies
- Medication List
- Surgeries
- Vitals
- Medication History
- Lab Results
- Radiology Exams

Tap the section(s) you would like to view > Details for the section(s) will appear in the My Mobile Blue Button Report in the MBB window (right side of screen). You can tap as many sections as you wish to see.



Selecting every section of information to view

If you want to see all the information in your EHR, you don't have to click on every section name. Instead, tap the **All** button with the **+** icon next to the Sections heading > All the boxes next to the section names will be marked > The details for all the sections will appear in the My Mobile Blue Button Report in the MBB window (right side of screen). Scroll through your report to read all the information.



Deselecting specific sections of information

If you decide you do not want to view a certain section, tap the check mark next to the section name > The box will become blank > This section of information will disappear from the My Mobile Blue Button Report in the MBB window (right side of screen).

Deselecting every section of information

If you are currently viewing all the sections of information covered in your EHR but wish to clear all of the selected sections, tap the **None** button with the **+** icon next to the Sections heading > All the check marks next to the section names will disappear as well as all the information in the My Mobile Blue Button Report in the MBB window (right side of screen).

Downloading or Printing Your Report

Saving or printing your My Mobile Blue Button Report can be helpful. Having this readily on hand allows you to have a reminder that keeps you on track with your care plan and provides a way for you to share information with your family or Caregivers.

***NOTE* ALWAYS BE CAREFUL WHEN YOU SAVE YOUR HEALTH INFORMATION, AND BE CAREFUL WITH WHOM YOU SHARE THE INFORMATION.**

MobileAppsVeteran, One
CONFIDENTIAL
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My Mobile Blue Button Report

CONFIDENTIAL

Produced by the VA My Mobile Blue Button App

This summary is a copy of information from your Mobile Blue Button App. This summary contains information from VA health systems that was available on the date requested. The primary data source for the summary is updated nightly for all areas in this report except for radiology reports which are updated weekly. Additionally, to ensure your healthcare team has had time to review reports there may be a time delay for the display of some information.

General Information

- The Table of Contents lists areas that you requested to included in this summary.
- Information in the "Current/Active" section shows current information regardless of date range
- Time limited information shows more detailed information for the selected date range.

Please let your health care team know if you have questions about your health information.

Generated exclusively for:
MobileAppsVeteran, One

On: 14 Apr 2014 @ 1601

Date of Birth: 16 May 1966

Downloading, saving and printing your My Mobile Blue Button Report

Make sure that the My Mobile Blue Button Report in the MBB window (right side of screen) covers the information you wish to view > Tap the **PDF** button in the upper right corner of the screen > A PDF (an electronic image of your report) will appear in a new tab in your browser > Download, save or print the report like you would other documents. **NOTE:** Downloading, saving or printing the report differs depending on your browser and device. Here are a few contributing factors:

- **Mobile Device** – How you download, save and print a document depends on the device you’re using. Consult your device’s operating instructions to see where your downloads are saved and how to print documents.
- **Internet Browser** – The appearance of the My Mobile Blue Button Report may alter slightly depending on the Internet browser you are using. Go to your browser’s Help section to become familiar with the look and features of your preferred browser.

- Adobe Reader – Viewing your My Mobile Blue Button Report as a PDF requires that Adobe Reader is installed on your device. (Adobe Reader is a free, safe software program that reads and allows you to view PDF files.) To download Adobe Reader, go to the Adobe Reader website get.adobe.com/reader/, and select the version that works on your preferred Internet browser.

NOTE: If you print your My Mobile Blue Button Report, ensure that you are taking steps to protect your personal information. You should always be careful to whom you give copies of your personal health information, whether the information was entered by you or is from a VA system. Be sure to destroy printed copies of your health information, preferably with a shredder.

Help and Additional Information

Additional Training Materials for the Mobile Blue Button App

More resources, such as a Quick Start Guide, Slideshow and FAQs, can be found on mobilehealth.va.gov/training.

Help Desk Information

If you need assistance with the Mobile Blue Button App, dial **1-877-470-5947** to speak with a VA representative. The Help Desk is open weekdays from 7 a.m. to 7 p.m. CT. For TTY assistance, dial 711.

DS Logon Help

If you have questions about your DS Logon account, visit mobilehealth.va.gov/dslogon or dial **1-800-983-0937** for assistance.

Mobile Blue Button Report Help

If you have questions about the contents of your Mobile Blue Button Report, contact your health care provider.

Emergencies

If you feel that your information may have been compromised, contact your local VA facility to obtain the contact information for your Privacy Officer. To locate your local VA facility, visit VA's Facility Locator: va.gov/directory/guide/home.asp?isflash=1. Note that you should never use this App in an emergency situation. If you encounter an emergency, call your local medical center or dial 911.

Appendices

Appendix #1: Project References

This App was developed by Agilex [www.agilex.com] according to an approved concept paper. The App was tested in a demo environment to ensure optimal functionality. Subject Matter Experts who served in the Mobile Blue Button App's creation are: Dr. Neil Evans, et al.

Appendix #2: Glossary

App – an application, or software program, that can be accessed through a website or mobile device and is designed to fulfill a particular purpose

DoD – Department of Defense

DS Logon (Department of Defense Self-Service Logon) – a secure logon ID, created by the Department of Defense (DoD), that verifies the identities of individuals affiliated with DoD or the Department of Veterans Affairs (VA) and allows them to access secure websites and digital resources across DoD and VA using a single username and password

- **DS Logon Level 1 (Basic) Account:** Provides limited access to website features
- **DS Logon Level 2 (Premium) Account:** Offers the highest level of access to website features, including access to your VA Electronic Health Record. (**NOTE:** You must have a DS Logon Level 2 (Premium) Account to use VA's mobile Apps.)

eBenefits – an online portal that allows Veterans, Servicemembers and their families to research, find, access and manage their benefits and personal information

Electronic Health Record (EHR) – a digital record of a patient's treatment plan and health care interactions with his or her providers

My HealtheVet –VA's online personal health record – designed for Veterans, active duty Servicemembers, their dependents and Caregivers – to help manage health care, partner with VA health care teams and provide opportunities and tools to make informed decisions about their health

PDF – a file format that provides an electronic image of text and/or graphics that looks like a printed document and cannot be edited, but can be viewed, printed and electronically transmitted

Personal Health Record (PHR) – a record of health information and data that is entered by the patient

Radiology – a branch of medicine that uses some forms of radiation (such as X-rays) to diagnose and treat diseases

VA – Department of Veterans Affairs

VA Mobile Health – an initiative that aims to improve the health of Veterans by providing technologies that will expand care beyond the traditional office visit and includes the creation of secure mobile Apps that will leverage the popularity of wireless technologies to support Veterans, Caregivers and VA clinical teams [More at: mobilehealth.va.gov/]

Vital signs – clinical measurements (such as pulse rate, temperature, respiration rate and blood pressure) that indicate the state of a patient's essential body functions